

# Bon Vivreur

## ITALIAN RESTAURANT



We are delighted to welcome you to the Bon Vivreur.  
We hope you enjoy our range of Italian style cooking as well as our  
House Specialities that have been favourites since 1987.

## Buon Appetito

### STUZZICHINI - NIBBLES

Mixed olives & pearl onions £3.50 <i>Green &amp; black</i>	Basket of mixed bread £3.50 <i>Served with olive oil &amp; balsamic vinegar</i>
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### PRIMI FREDDI - COLD STARTERS

Prawn cocktail £7.35	Salmon affumicato £9.95 <i>Smoked salmon, capers &amp; chopped onion</i>
✓ Avocado vinaigrette £7.35	Affettato misto £10.45 <i>Selection of Italian cured meats. Various Salami, Coppa, Mortadella di Bologna, Prosciutto di Parma, Prosciutto cotto</i>
Avocado prawns £9.95	
✓ Melone di stagione £7.50 <i>Seasonal melon</i>	Carpaccio di manzo £10.95 <i>Thinly sliced raw beef served with parmesan shavings, button mushrooms &amp; a drizzle of olive oil</i>
Melon & prawns £9.95	Egg mayonnaise £7.35
Melone Prosciutto di Parma £9.95 <i>Melon &amp; Parma ham</i>	
✓ Bruschetta £7.35 <i>Grilled ciabatta bread topped with diced tomato, fresh basil, chopped garlic &amp; olive oil</i>	
✓ Insalata 3 colori £9.95 <i>Half an avocado, mozzarella cheese, sliced local beef tomatoes, with olive oil &amp; balsamic vinegar</i>	

### SCHIACCiate - GARLIC PIZZA

Plain £4.25	Tomato £4.50	Tomato & mozzarella £4.95
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### ZUPPE - SOUPS

*Our soups are freshly made in-house & served with bread*  
Vegetable Soup £5.25    Lobster £5.95

### PRIMI CALDI - HOT STARTERS

Hot avocado £8.35 <i>Avocado pear blended with Parma ham, mushrooms &amp; béchamel sauce topped with grated cheese &amp; gratinated to perfection</i>	Capesante grigliate £10.25 <i>Local scallops grilled in garlic butter with a parsley &amp; breadcrumb gratin</i>
✓ Funghi Viennesi £8.75 <i>Button mushrooms in breadcrumbs deep fried served with tartar sauce</i>	Calamari Bon Vivreur £9.95 <i>Squid pan fried in olive oil &amp; garlic butter</i>
Moules £9.95 <i>Cream, garlic and a hint of tomato</i>	King prawns (Large) Four £9.15 Served in a garlic butter sauce Six £13.25 Nine £19.00
	Sardines £8.45
	Escargot £8.95 <i>Garlic butter</i>

## PASTE VARIE - PASTA DISHES

- ✓ Farfalle zucchini & melanzane £11.75  
*(Butterfly pasta) Courgettes & aubergine, cooked in olive oil with a touch of garlic*
- ✓ Linguine arrabiata £10.95  
*Tomato sauce with a hint of garlic & chilli*
- Linguine frutti di mare £15.45  
*Local scallops, peeled prawns, mussels & calamari in a tomato & garlic sauce*
- Spaghetti Bolognese £10.95  
*Beef ragu sauce*
- ✓ Spaghetti aglio, olio & peperoncino £10.95  
*Garlic, olive oil & chilli*
- ✓ Penne Napoletana £10.95  
*Tomato sauce with a hint of garlic*
- Penne pancetta & piselli £11.95  
*Smoked pork belly, peas & onion in a light tomato sauce*
- ✓ Fusilli burro & parmigiano £10.95  
*Butter & parmesan*
- ✓ Fusilli crema & funghi £10.95  
*A cream & mushroom sauce*
- Fettuccini carbonara £10.95  
*Smoked pork belly in a cream sauce*

Add Chicken to your Pasta £3.00

**Gluten free pasta (Penne only) available with any of the above sauces**

- Lasagna tradizionale £12.55  
*Layers of egg pasta with a beef ragu & béchamel sauce gratinated with parmesan & mozzarella*

- Home-made cannelloni £12.95  
*Classic Italian pasta tubes prepared by our own chefs with minced beef, veal, pork & spinach, coated with béchamel & topped with bolognese sauce gratinated with parmesan & mozzarella*

**We make a £0.50 donation to Jersey Hospice for every cannelloni dish sold.**

## PIZZE - PIZZAS

*(Cooked in our stone oven)*

- ✓ Margherita £10.60  
*Tomato, mozzarella & basil*
- Napoletana £11.95  
*Tomato, mozzarella, anchovies, capers & oregano*
- Pepperoni £12.95  
*Tomato, mozzarella & spice sardo salame*
- Prosciutto & funghi £12.95  
*Tomato, mozzarella, cooked ham & mushrooms*
- Quattro formaggi £12.95  
*Tomato, mozzarella, provolone, gorgonzola & cheddar*
- Diavola £12.95  
*Tomato, mozzarella, spice sardo salame, chilli peppers, garlic & tabasco*
- ✓ Vegetarian & Cheese £14.75  
*Tomato, artichokes, mushrooms, aubergine, courgettes, olives & onion*
- Calzone £16.00  
*Folded over pizza, filled with prosciutto, Napoli salame, mortadella coppa, mozzarella, pepperoni, tomatoes, mushrooms & garlic, served with a spicy tomato dip*

Add Chicken to your Pizza £3.00

## PESCI - FISH

- Lemon Sole *From* £19.35
- Fillet of plaice grilled £14.95
- Fried scampi in breadcrumbs £14.50
- Fresh grilled salmon £16.25
- Whole grilled seabass *From* £18.95
- Fresh calamari Bon Viveur style *From* £18.95
- Coquilles St Jacques £14.75  
*Fresh Jersey scallops, prawns & mushrooms in a white wine sauce, served in a plate edged with mashed potatoes gratinated with parmesan cheese & served with a side salad*

## FRITTATE - OMELETTES

- Cheese, ham & tomato £9.95
- ✓ Vegetarian £9.95

*(Served with French fries)*

## PIATTI VEGETARIANI - VEGETARIAN DISHES

- ✓ Cannelloni £12.95  
*A classic Italian pasta tube dish prepared by our own chefs filled with a selection of fresh vegetables coated with béchamel & topped with tomato sauce before been gratinated with parmesan cheese*
- ✓ Melanzane parmigiana £13.95  
*Sliced aubergine baked with tomato sauce, béchamel topping & gratinated mozzarella & parmesan cheese*

## POLLAME - POULTRY

- Petto di pollo cacciatora £14.95  
*Grilled breast of chicken, served with tomato, mushrooms, onions, black olives, in a red wine sauce*
- Petto di pollo con funghi £14.95  
*Grilled breast of chicken served in a cream & mushroom sauce*
- Petto di pollo pepe nero £14.95  
*Grilled breast of chicken served in a black pepper sauce*
- Chicken Kiev £14.95  
*Breast of chicken stuffed with home-made pâté, garlic butter & parsley, sealed with egg & breadcrumbs & deep fried*
- Duck maison £18.95  
*Half duck roasted to tender perfection with a crispy skin & served with a home-made black pepper sauce or orange sauce*

## VITELLO - VEAL

- Scoloppina al limone £16.50  
*Small slices of veal cooked in a white wine & lemon juice sauce*
- Milanese £16.95  
*Thinly sliced veal in breadcrumbs*
- Veal a la crema £17.25  
*Small slices of veal cooked in a cream & mushroom sauce*
- Veal marsala £16.95  
*Small slices of veal cooked in a Marsala wine sauce*
- Saltimbocca alla Romana £18.75  
*Traditional Roman dish, pan fried veal topped with Parma ham, fresh sage and Marsala wine sauce*

Add Pasta instead of vegetables and potatoes £3.50

## CARNI & GRIGLIATE - MEATS & GRILLS

- Fegato alla salvia & burro £17.25  
*Thinly sliced calves liver, pan fried with sage & butter*
- Fegato alla Veneziana £17.35  
*Thinly sliced calves liver served with fried onions, demi-glace sauce & grilled bacon*
- Cotolette d' agnello (three) £16.50  
*Grilled lamb chops served with mint sauce*
- Ribeye steak (9oz) £17.70  
*Add 2 King prawns £4.20*
- Fillet steak (8oz) £19.70  
*Add 2 King prawns £4.20*
- Choice of sauces £1.95  
*Black peppercorn • Cream & mushroom • Gorgonzola cheese*

## CONTORNI - SIDE DISHES

- Cauliflower with cheese sauce £2.95
- Mushrooms £2.95
- Onion rings £2.75
- Spinach (plain, garlic or creamed) £2.95
- Tomato, onion & basil salad £3.50
- Mixed side salad £3.50
- Side order of French fries £3.50
- Vegetables (each) £2.95
- Zucchini • Carrots • Green Beans • Broccoli •

**PLEASE SEE OUR  
BOARDS FOR  
OUR SPECIALS**

Main courses are served with sauté potatoes and mixed vegetables  
*(green beans, steamed cabbage, carrots, courgettes & peas)*  
except pastas, omelettes and pizzas 'V' denotes Vegetarian dish  
**(8% service charge will be added to parties of 6 people or more)**

**IF YOU ARE CONCERNED ABOUT THE PRESENCE OF NUTS, SMALL BONES, SEEDS,  
SOURCES OF GLUTEN OR OTHER ALLERGENS IN OUR FOOD PLEASE ASK THE  
SERVER FOR ASSISTANCE WHEN CHOOSING YOUR MEAL**